

## PASTORAL TEAM

Rev. David Monteleone  
*Pastor*  
frmonteleone@stphilip.org

Rev. Emerson Francisco  
*Parochial Vicar*  
efrancisco@stphilip.org

Rev. Jared Brogan  
*In-Residence*

Dcn. Nicholas Veliky  
*Deacon*  
nveliky@stphilip.org

Dcn. Robert G. Ayers  
*Deacon*  
deaconbob@stphilip.org

Ms. Danielle Gonzalez  
*Principal*  
Principalgonzalez@stphilipprep.com

Mrs. Denise Pannullo  
*Faith Formation*  
dpanullo@stphilip.org

Ms. Vicky Velasco  
*Confirmation Program*  
vvelasco@stphilip.org

Mr. Frank Hydash  
*Director of Music*  
frankhydash@rocketmail.com

Mr. Carlos Arias  
*Maintenance Supervisor*  
carias@stphilip.org

Ms. Linda Siluk  
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# St. Philip the Apostle Parish

797 Valley Road, Clifton, NJ 07013

www.stphilip.org ~ (973) 779-6200



## 20<sup>th</sup> Sunday in Ordinary Time

August 18, 2024



### CELEBRATION OF THE EUCHARIST

Saturday Evening ..... 5:30 PM  
Sunday.....8:00 AM, 10:00 AM (Broadcast) & 12:00 PM  
Monday thru Saturday..... 9:00 AM

### SACRAMENT OF RECONCILIATION

Every Saturday .....4:30 PM

### HOLY HOUR

Every Friday .....9:30 to 10:30 AM

For a Communion visit and/or  
Anointing of the Sick,  
please contact the Parish office.



## FROM THE PAROCHIAL VICAR'S DESK

Dear Parishioners,

Since Fr. Monteleone is away, he gave me the task of writing an article for this weekend. However, this article contains more of a catechetical and practical approach toward the Holy Eucharist rather than a reflective one.

This Sunday's Gospel is the continuation from last Sunday's reading. Jesus continues to reveal himself as the Bread of Life, that is, his flesh is real food, and his blood is real drink.

If we truly believe that Jesus is present Body and Blood, Soul and Divinity in the Holy Eucharist, as the Church teaches us, we should have a proper attitude and disposition toward the Blessed Sacrament.

**Eucharistic Etiquette:** When we come into church we genuflect. We all know that. At our church, the tabernacle with the Blessed Sacrament is in the center, so it's normal to genuflect toward the center. If, however, the tabernacle is off to the side, it is proper to genuflect in the direction of the Blessed Sacrament and not simply toward the middle. And because details are important, we genuflect by bending our right knee. This shows reverence, acknowledging the presence of Jesus in the Holy Eucharist.

**Eucharistic Fast:** The Church requires an hour of fasting before receiving Holy Communion. This is simply for us to have a period of time for our body to prepare to receive Jesus. Exceptions can be made for those with medical issues, and various other issues that might require one to eat within that timeframe. If you haven't fasted, it is okay to make a 'spiritual communion' to ask for the grace that you would have gained from the Eucharist. The Lord honors our desire for Him.

### **Receiving by tongue or hand?**

Both are permitted, but either way I ask that you really focus on reverence in receiving. If you receive on the tongue, it is good to make sure to stick out your tongue and open your mouth far enough to permit easy distribution. A good general rule is to touch the tip of your tongue to the bottom of your bottom lip. There is also a proper way to receive by hand: if you are a right-handed person, put your right hand under your left hand, so that after the Sacred Host is placed on your left hand,

you will use your right hand to take the Sacred Host and consume it. If you are a left-handed person, you do the other way around. It is also good to be attentive to the particles that may come from the Sacred Host and remain on your hand. Remember that even the smallest particle is still the fullness of Christ. So be sure to check your hand and fingers used to receive Communion – you'll be surprised sometimes to find the little pieces still present.

### **What happens if the Sacred Host is dropped?**

This has happened at some point to nearly every person who receives Holy Communion in the hand; the handoff is poor and Our Lord falls to the floor. At that point, we have two options. First, we can eat the Host off the floor (by picking it up, not by getting down on all fours like a dog!) or we can get the Host and give it to the minister and they will give another Host and care for the Host that was dropped. The Church also prescribes that the place where the Host fell be purified by a special process of cleansing with liturgical linens.

### **If you see someone receive the Host in their hand and not consume it, it is okay to approach them about it?**

It is okay to approach them about it. You can simply ask, "Are you going to consume that?" and if not, then I ask you to get it from them and bring it to the altar. If you don't feel comfortable, we priests do, so please don't hesitate if you know for a fact a Host has been taken but not consumed. All of us are guardians of the Holy Eucharist.

### **What happens if a Host is found in the pew, on the floor, in the hymnal, or somewhere else?**

This has happened in other places and it is something to be aware of. If this is the case, you should bring it to our attention (Priests or Eucharistic Ministers). If no one is around, please put the Sacred Host on the altar and inform us immediately.

Hopefully, dear brothers and sisters, this short catechism would be useful for all of us as we continue to adore and receive Jesus who is present in the Most Blessed Sacrament. If you have any other questions regarding the Sacrament of the Holy Eucharist, please do not hesitate to ask.

Cheerfully in Christ,  
*Fr. Emerson*



## PLEASE NOTE

Throughout the Summer  
the Parish Office Schedule is as follows:

**Mondays thru Thursdays  
8 AM to 4:30 PM**

**Fridays 8 AM to 12 Noon**

**Regular office hours will  
resume after  
Labor Day.**



## ST. PHILIP PREPARATORY SCHOOL

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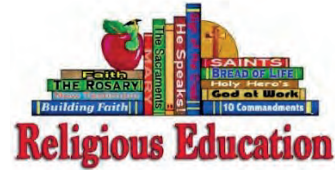
SPPS Athletics

World Languages

After school clubs

Theater

## FAITH FORMATION



Registration for our Religious Education and Confirmation Programs is now open! If you have a child in grades 1 through 10, we invite your family to join our program. For details, please visit our Parish website at [www.stphilip.org](http://www.stphilip.org)  
If you have any questions, please email us at: [reled@stphilip.org](mailto:reled@stphilip.org)



**Missing Baptism, First Communion,  
or Confirmation?**

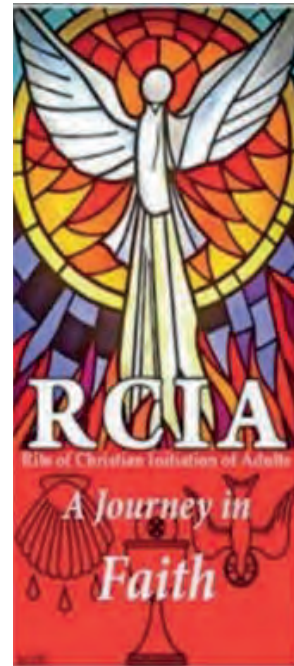
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**RITE OF CHRISTIAN INITIATION OF  
ADULTS** at Saint Philip  
will meet beginning  
September 2024.

Let us know if you'll join us:  
Call the Parish office or email [lvalenti@stphilip.org](mailto:lvalenti@stphilip.org)



## SPIRITUAL OPPORTUNITIES



*The Filipino-American Group at  
Saint Philip the Apostle Parish  
invites you  
to a Prayer Gathering and talk on  
“Behold The Cross”*

*by Father Emerson Roi Francisco*

*on Friday, September 6, 2024  
From 7 to 8 PM*

*at Saint Philip the Apostle Parish  
(Marian Hall)  
797 Valley Road, Clifton, NJ*

*\*\*\*Fellowship To Follow \*\*\**

## SOCIAL OPPORTUNITIES

### PRIMETIMERS

Are You 50 or Older?

St. Philip's Prime Timers Senior Social Club is looking for new active seniors to join our club. We meet on the first Friday each month in Marian Hall at 1:30pm (coffee-and usually starts about 1pm) for about a hour or so. We have coffee-and, entertainment, local and longer distance trips parties for special occasions and much more and dues are just \$15 per year. While we have many traditional activities we are always looking for new ideas for activities, trips, etc. If you have any questions call Mike Cervine (973)472-7505 or just show up at our first meeting Friday September 6. Hope to see many mature faces; some returnees and some new folks.

## OTHER OPPORTUNITIES

**MUSIC MINISTRY  
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email: [prayerandmusic@gmail.com](mailto:prayerandmusic@gmail.com)

## THIS WEEK ON FORMED

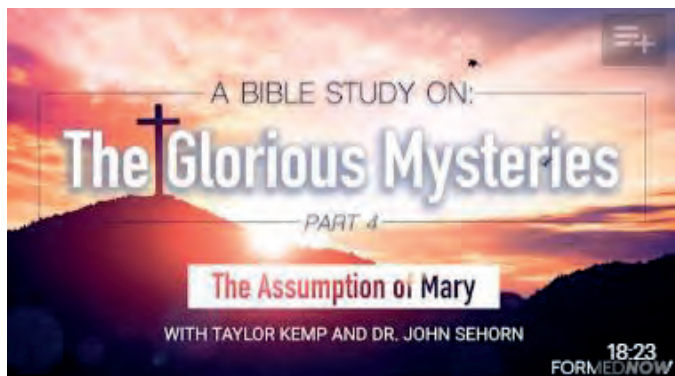
### The Search



What is this journey in between the event we call “birth” and the one we call “death”? Is the journey taking you somewhere, or are you leading yourself to some kind of destination – a destination that could extend beyond your last breath? What do you want from your life during the in between? The questions are there. And, the answers are too.



**A Bible Study on the Glorious Mysteries:  
Assumption (Part 4 of 5)**



Have you ever wanted to grow in your understanding and devotion to the Glorious Mysteries of the Rosary? Join Dr. Ben Akers, Taylor Kemp, and professors from the Augustine Institute Graduate School as they walk through these Biblical mysteries and seek to grow in understanding and love for Christ through them.

For more recommendations, please visit  
<https://watch.formed.org/this-week-on-formed>

**PARISH GIVING**

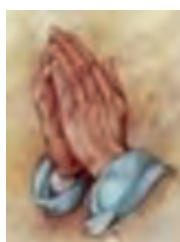
SUNDAY COLLECTION: AUGUST 6, 2023	\$ 18,287.00
SUNDAY COLLECTION: AUGUST 11, 2024	
WEEKLY COLLECTION	\$ 9,706.00
ONLINE GIVING DONATION	\$ 6,932.00
TOTAL	\$ 16,638.00
2 <sup>ND</sup> COLLECTION-PROJECT FAITH	\$ 1,855.00

Upcoming Second Collections:  
August 18- Missionary Cooperation  
August 25- Project Faith

**WE PRAY FOR...**

***A Time to be Healed...***

Philip Kutzenko, Sr. Pauline Piechocki, Tom Mullin, Rev. David McDonnell, Peyton Yagins, Daniel Kozell, Deacon Roger Lacouture, Father Paul T. Josten, Tony Pannullo, Mildred Giusti



**MASS INTENTIONS**

**SUNDAY, AUGUST 18, 2024**

- 8:00 Marilyn Can  
Arch. Angel Doria
- 10:00 Deceased members of the Azario Family  
Estanislao and Rosario Llames  
Ambrosia Cruz- 24<sup>th</sup> Anniversary  
Mary Trella
- 12:00 The Canavan Family  
Marianna Scelfo

**MONDAY, AUGUST 19, 2024**

- 9:00 Minna Yussef Abadi

**TUESDAY, AUGUST 20, 2024**

- 9:00 Filippa Cirelli  
Special Intention- Raquel Nael- Marrero

**WEDNESDAY, AUGUST 21, 2024**

- 9:00 Charles Davies

**THURSDAY, AUGUST 22, 2024**

- 9:00 Thomas Lewandowski

**FRIDAY, AUGUST 23, 2024**

- 9:00 Gloria Peterson- 5<sup>th</sup> Anniversary

**SATURDAY, AUGUST 24, 2024**

- 9:00 Luis Santiago
- 5:30 John Szerenczits  
The Festa and Novaco Families  
John D. Yorke

**SUNDAY, AUGUST 25, 2024**

- 8:00 All the People of the Parish
- 10:00 Connie Pomposelli  
Frank Pomposelli  
Caridad Angeles  
Special Intention- Kevin and Catherine Bilodeau
- 12:00 Peregrina and Bonifacio Dulva  
Useche Famile

**CANDLE WEEK OF AUGUST 18**

In memory of Fred and Dorothea Anthony  
- From the Francesca Anthony



In The Bread of Life Discourse Jesus continues to tell the people He is the living bread sent from Heaven. The people are upset and confused about what Jesus is telling them. Remember, this all took place before the Last Supper and creation of the Eucharist.

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# I am the Bread of Life.

JOHN 6:48

Write the letters not found within the Eucharist in the space below.

J I X S  
K C V P F  
L G M T H Y  
Z W Q U N O

Unscramble the letters and write the word in the spaces below to complete what Jesus is telling us.

Whoever eats this

\_\_\_\_\_

will live forever.

JOHN 6:58

Do you think Jesus is talking about sandwich bread?  
What bread is Jesus telling us to eat?



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